## CWL Diocesan Communications Communique #2 - November 2017

To: Parish Council Communication's Chairpersons

From: Lynn Jones, Regina Diocesan Communications Chair

I had several members contact me about how to post a submission for On the Spot. I contacted National and confirmed that the steps below are what you need to complete. I have also done a submission for our own Council and it works well.

Please send your submission for On the Spot to: <a href="mailto:communications@cwl.ca">communications@cwl.ca</a>

The article should be 50 words or less and have 1-2 photographs included. Following a review and editing, national office posts it to both the website and the Facebook page.

In the September 27, 2017 issue of the Prairie Messenger there was an article that I would like to draw your attention to. "Anti-Porn activist speaks about sex addiction". Matt Fradd spoke about Sex Addiction and some of the common myths that he dispelled. He is the executive director of "The Porn Effect" a website and blog dedicated to helping people heal from the harms of sex addiction and pornography. (www.theporneffect.com).

We currently are rethinking our awareness to mental health and while we would never tell someone who was clinically depressed to read more scripture passages on joy or to pray more as the only options for them we also need to look at sex addiction as a disease as well. He addressed the myth that pornography is about choice – sharing the words of Yale legal scholar and feminist Catharine MacKinnon who observed that "women are not part of pornography by choice but by lack of choice".

Proceeds of Matt's books go to assisting women to escape human trafficking. I encourage you to check out his website or read one of his books.

I hope to look more into this topic in future communications.